

WILLIAMSTOWN

MASSACHUSETTS



COURTESY OF THE SUTTONS

Josh, Cassie and Harvey “Little Man” Sutton hike through the Berkshires on their way to Mount Katahdin in 2021. Harvey turned 5 on the trail and was one of the youngest people to ever complete a thru-hike. Their story will be told in a documentary that will have its premiere Saturday night.

THE 40th GATHERING

of the Appalachian Long Distance Hikers Association **ALDHA**[®]

Williams College

Williamstown, Mass.

October 7-10, 2022

WELCOME TO WILLIAMS COLLEGE for the 40th Gathering. For those who are attending their first Gathering, we hope you have a great time and get to attend many of the program’s workshops, some of which are back by popular demand. Many are excellent sources of “how to” information for hiking, especially if you’re dreaming about an A.T. thru-hike next year. We hope there’s something here for everyone.



While we celebrate 40 years of Gatherings, we’ll also take time to consider the next 40 years for ALDHA. How will we look for our 50th anniversary? For our 80th?

Once again we’ll recognize those who finished their thru-hikes this past year. We’ll give them a shoutout Friday night.

We are also pleased to welcome our main entertainment — Josh and Cassie Sutton, who’ll debut their documentary

on Saturday night, and Kirk Sinclair, who on Sunday night will share a symphony he composed while hiking the American Discovery Trail with his wife Cindy.

We would like to extend special thanks to the Williams Outing Club for sponsoring this year’s Gathering. We welcome all Outing Club students and the Williams community to our programs.

So whether you are here for the first time or a veteran, have a great Gathering and get inspired for your next hike.

— The ALDHA Team

2022 PROGRAM NOTES

■ REGISTRATION DESK and ALDHA CENTRAL

Friday Noon-4 p.m. . . . Barn
Friday 6-7 p.m. '62 Center
Friday 9:30-11 p.m. . . . Barn
Saturday . . 8:30-5 Greylock
Sunday . . . Noon-1:30 Greylock

Barn = White barn near campsite parking.
'62 Center = On Williams College campus.
Greylock = On Williams College campus.

(See detailed map of campus on Page 12.)

ALDHA Central consists of the registration desk, the signup sheet for our Monday work trips, lost & found, ride board, etc. On Saturday from 8:30-5 and Sunday from noon to 1:30/2, it will be on the second floor of Greylock Hall, which will also house the Hiker Fair and ALDHA Store on Saturday and Sunday. The Used Gear Sale will be there Saturday. If you have your own cup, help yourself to some free coffee or tea.

■ FACE MASKS

The school **REQUIRES** masks be worn inside the auditorium at the '62 Arts Center, where we'll have our main events Friday and Saturday nights. Free masks will be made available there. Masks are NOT required elsewhere, including the lobby outside '62 Center's auditorium.

■ NECK WALLETS

Your neck wallet is your ticket to events. We urge you wear one all week-end. For instance, it's your "ticket" to get inside Lasell Gym for showers. Event organizers will have orange name tags, so if you have a question, ask them.

■ THE CAMPSITE

Thanks to Eric White, free camping is available on a gently rolling field 10 minutes from the college. For safety reasons, we cannot allow cars in the tenting area. Port-a-johns are available in the tenting area, and showers are available on campus. Regarding trash: Leave no trace. Pack it in, pack it out.

Those who want to sleep in their vehicles may do so in the parking lot.

An evening bonfire will be set up away from those wishing to go to bed early. No ground fires are allowed other than that.

Quiet hours commence at 1 a.m., and that applies to the campfire as well as everyone else. While you may not be able to see our residential neighbors, they can certainly hear you, so please obey the quiet hours.

■ POTABLE WATER

At the campsite, our host, Eric White, will have a garden hose extended toward the driveway at his house. Help yourself, but be sure to shut it off when finished.

■ PARKING & CARPOOLING

Parking will be allowed by permit in the parking garage on campus, off of Whitman Street from Route 7 North (see directions on Page 12). Each car will get one parking permit at registration.

There is also a public parking lot at the south end of Spring Street in the commercial hub of Williamstown, but be advised that any public parking in town might quickly fill up due to the popularity of the Williams College setting during fall foliage season.

If possible, carpool it between the campsite and campus, about a 3.5-mile commute.

■ WILLIAMS CAMPUS

We are grateful to be able to come to Williams College. We ask that you follow the school's rules for parking and pets, and use the gym, and gym only, for showers at designated times (see below).

Williams College is an alcohol-free campus; please respect their policies. There is also no smoking allowed inside any building, and no smoking outside within 25 feet of buildings.

For the best route from the campsite to the Williams campus, see Page 12.

■ MEALS ON CAMPUS

A limited number of meals will be available in Driscoll Dining Hall on the southern end of the green called Currier Quad. It's a short walk south from Griffin Hall (again, see map on Page 12). You'll need prepaid tickets, but only two meals are being offered — Saturday breakfast



Smith Edwards, 'The Old Ridge Runner'



Richard Bailey, 'The Old Fhart'

■ MEMORIAL DEDICATION

We lost two longtime members this year. They were a perennial presence whenever we met in their native New England, so they'll be especially missed this year.

Richard J. Bailey, aka "The Old Fhart," died Feb. 22 from pancreatic cancer. He was known for his laconic wit and his excellent trail photography, with one of his photos featured on the cover of the 2003 Thru-Hikers' Companion.

He hiked the A.T. twice, from 1987-1990 and again in 1998. He

also thru-hiked the Long Trail and John Muir Trail, while also frequently climbing the highest peaks in his native New Hampshire.

Smith T. Edwards, "The Old Ridge Runner," was born at the foot of Vermont's highest peak and become an avid hiker and hunter at an early age. He thru-hiked the Long Trail four times, he did the A.T. twice (once in a thru-hike) and the PCT once, in a section-hike.

He had moved from Vermont to Homosassa, Fla., and was 82 when he died on July 18 in Florida.

and Sunday lunch — and only 100 tickets are available for each meal. (The restrictions this year are because of a well-documented staffing shortage plaguing Williams Dining Services.) So most of us will have to make other arrangements for meals.

The hours for the two meals are:

Saturday breakfast 7:30-9:30

Sunday lunch 11:30-1:30

These meals are AYCE and offer a variety of options, including vegetarian. If any tickets are still available, they'll be sold Friday at registration, first come/first served. Breakfast is \$10; lunch \$14.

The '82 Grill, a snack bar and pizza grill in the basement of Paresky Student Center, is scheduled to be open for cash sales from 5 p.m. to 1 a.m. each night, Friday through Sunday, its website says.

■ SHOWERS

Showers are available at Lasell Gym, across Route 2 on the corner of Spring Street. (Always use pedestrian cross-

walks, but be wary of inexperienced drivers who may not be aware they are required to stop for pedestrians in designated crosswalks.)

Use the Spring Street entrance to the lower level of the gym and show your neck wallet to gain entrance. Bring your own towel, soap, shampoo, etc., and your own padlock if you wish to use an empty locker. The hours are:

Friday 6 a.m. to 9 p.m.

Saturday 10 a.m. to 9 p.m.

Sunday 1 p.m. to 9:30 p.m.

Monday 6 a.m. to 9 p.m.

If doors are locked at 6 a.m., knock, but sometimes in the past the student staff have been late for work.

■ WI-FI INTERNET CONNECTION

Williams College offers free Wi-Fi on an open non-secure network. On your device choose "Williams Guest" SSID from the list of available networks. Select "SMS registration" and enter your phone number and the name of your provider.

“To the Gathering Again”

The ALDHA song, written by Walkin' Jim Stoltz for ALDHA's 20th anniversary Gathering in 2001

The days are getting shorter and the leaves begin to fall
My pack is hung up on the wall, til the spring begins to call
Time to head out to the Gathering, all the friends out there to see
Folks who walk their talk and live their dreams
And they all inspire me

(Chorus)

Come along with me, to the Gathering again
To see my friends of the trail
And my trail of friends

It's a Gathering of hikers, all ages and all kinds
The doers and the dreamers, the sighted and the blind
It's for the boosters and the boasters, and the ones who go and do
It's for the slow ones and the fast ones, even yellow blazers, too

(Chorus)

You'll meet the elders of our tribe, the first to walk the trails
The new folks still in progress, headin' for their holy grail
And everyone has a story, and a smile or thought to share
The old blood and the new, they'll all be headin' there

(Chorus)

You'll meet the ones who do the trail work and keep coming back
for more
The ones who help the hikers when they're trailworn and sore
From all walks of life, and from all o'er the land
You see it's all one big trail
And it's all one big clan

■ RECENT 2,000-MILERS

ALDHA will recognize recent A.T. thru-hikers Friday night at our opening, but you must submit your name and info ahead of time to have your name called during our Friday night roll call of class years.

Each recently finished end-to-ender will receive a certificate and a “I Hiked ALDHA Way” patch after Friday night's opening. Ask someone at ALDHA Central or someone with an orange name tag about submitting your info.

■ HIKER FAIR

The Hiker Fair will be on the upper floor of Greylock Hall (see map on Page 12). The Used Gear Sale, ALDHA Store and ALDHA Central are also here.

The rest of the Hiker Fair — vendors, club exhibits, authors signing books, a newsletter exhibit, a HASTE display, Memorial Wall, the Apple Contest, Photo Contest, etc. — will also be here.

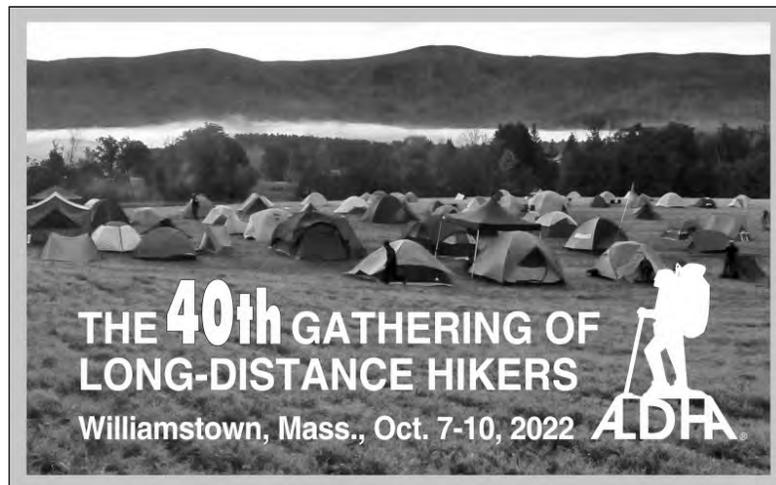
Hiker Fair hours are Saturday from about 9-5 and Sunday from 9-4. Some exhibitors will start taking down their displays early Sunday afternoon.

■ THE ALDHA STORE

You can purchase ALDHA merchandise at the ALDHA Store in Greylock Hall on Saturday and Sunday. Here you will find hats, apparel, bandanas, mugs, stickers, the A.T. Thru-Hikers' Companion, polo shirts that may be on sale, and the 40th anniversary commemorative Gathering patch, which are limited so buy 'em early.

■ USED GEAR SALE

The used clothing and gear sale will be Saturday from 9-5 at the Hiker Fair. We'll do a 50/50 member/ALDHA split. Details about what kinds of items can be entered



Available for sale in the ALDHA Store at this year's Gathering will be the commemorative patch celebrating our 40th anniversary Gathering. They're in limited supply so buy early.

and how to retrieve your unsold items or your cash on Saturday afternoon have been posted online and are available in a printout at ALDHA Central.

■ RIDE BOARD / MESSAGE BOARD

Check the ride board at ALDHA Central if you need a ride, or a rider. Also, we'll have a message board set up for any late program changes and other updates.

■ EDUCATIONAL RESEARCH

Ileasa Custer, an undergraduate student at Christopher Newport University in Newport News, Va., is researching the question “What drives people to turn to long-distance hiking for self care?”

She is interested in having informal or formal conversations with long-distance hikers about their personal experiences, plus anything they'd like to add to this topic. She is a student of former ALDHA coordinator Kip Redick and will have a table at the Hiker Fair. Stop by and chat.

■ APPLE CONTEST

Bring your apples to the Hiker Fair on Saturday morning, or leave them at the registration desk with your name, contact info and the state where the apples came from. Your home state's best brand will then be judged on a variety of criteria. Judging will be Saturday afternoon; the winner announced Saturday night after the feature presentation.

■ EARL SHAFFER PHOTO CONTEST

If we have enough submissions, we'll have another rendition of the photo contest that honors the late Earl Shaffer. The categories are listed on the ALDHA website.

■ MEMORIAL WALL

Bring to the Hiker Fair a photo of a hiker or friend of the trail who has hiked onward for our Memorial Wall. Smith Edwards and Richard Bailey will be added this year.

Continued on Page 10

SCHEDULE OF EVENTS

FRIDAY, Oct. 7, 2022

12-4 Registration at Campsite **BARN**

Pick up your registration packets and enjoy some hot dogs and other food at the white barn near the campsite parking area.

6-7 Registration at Williams College **'62 CENTER**

If you just got into town, pick up your registration packet here.

7 p.m. Opening Session **'62 CENTER**

Opening	Bill O'Brien <i>Gathering program coordinator</i>
Welcome	Scott Lewis, <i>Williams Outing Club</i> Hawk Metheny, <i>ATC</i>
Testimonials	Celebrating 40 years of Gatherings
ALDHA song	Walkin' Jim Stoltz
Class roll call	Bill O'Brien
Torch Award	Dennis Newton
Class of 2022	
Billy Goat Awards	
Adjourn to ALDHA reception in the Main Lobby.	

9:30 Orientation for 1st-Timers & Dreamers **'62 CENTER**

First-time Gathering attendees and people planning to hike the A.T. will learn how to make the most of the weekend, with a worksheet for the Long Distance Hiking diploma. *Bill O'Brien*

1 a.m. Quiet hours **CAMP**

We have a lot of folks here. The campfire must end at 1 a.m. sharp. The only thing you hear now should be owls and snoring.

SATURDAY, Oct. 8, 2022

7-10:30 Dining hall breakfast for ticket-holders **DRISCOLL**

8-5 ALDHA Central **GREYLOCK**

"ALDHA Central" will be set up all day long on the second floor of Greylock Hall (it is handicapped accessible). Here you'll find the registration desk, the sign-up sheet for the work trips, complimentary coffee, message board, ride board and lost & found.

9-5 Hiker Fair & Used Gear Sale **GREYLOCK**

Here you can see displays of different trails like the International A.T., buy trail-related CDs and DVDs, check out gear and goods from vendors, get a book signed by the author, or just get free coffee and hang out. The Used Gear Sale, Apple Contest and Photo Contest (depending on entries) are also here.

9-5 The ALDHA Store **GREYLOCK**

All of the ALDHA-related merchandise with many specials will be available. We'll have vests, T-shirts, ballcaps, coffee cups, travel mugs, water bottles, patches, bumper stickers, buttons, cozies, lapel/tie pins, Katahdin and Springer benchmark paperweights, and the 40th anniversary Gathering souvenir patch.

9-10:15 Hiking in Harmony With/Without Dogs **GRIFFIN 2**

☒ To promote better understanding among hikers with and without dogs, this workshop will focus on the results of a season-long survey. Hear what dog owners and non-owners are feeling

KEY TO LOCATIONS

☒	Long Distance Hiking diploma
'62 CENTER	'62 Center for Theatre and Dance
BARN	Barn at the campsite
BERNHARD	Bernhard Music Center
CAMP	Campsite in Williamstown
DRISCOLL	Driscoll Dining Hall
GREYLOCK	Greylock Hall
GRIFFIN	Griffin Hall
GYM	Lasell Gymnasium
PARESKY	Paresky Student Center

and experiencing on the trail and discuss how we can help each other have a great time, whether hiker or pup. *Penny Vann*

9-12 Increasing Your Chance of Success **GRIFFIN 3**

☒ A condensed, intensive preparation for future A.T. thru-hikers /section-hikers. Time/trail-tested words of wisdom from one who has reached the destination (and had the journey as well) 18 times (nine thru-hikes, nine section-hikes). *Warren Doyle*

9-10:15 Tuscarora Trail: A Trail Less Traveled **GRIFFIN 4**

The Tuscarora Trail was created in the '60s when the ATC thought landowners in Maryland were going to bar the A.T. PATC has revived and improved the Tuscarora Trail. It's a far less traveled trail for those who like solitude. *Rush Williamson*

9-10:15 The North Country Trail, Part 1 **GRIFFIN 5**

4,800 miles in 24 months: An overview of the longest National Scenic Trail, from North Dakota to Vermont. Tips on logistics including season choices and supported/unsupported options. *Mary McKinley*

9-10:15 A.T. Wildflowers: 2,000-mile Floral Parade **GRIFFIN 6**

☒ Follow the flowers from late winter to fall, from Georgia to Maine, with stunning photos by Joe Cook and Monica Sheppard, accompanied by classical, folk and new age music. Learn the identities of the flowers, the stories behind their names, the roles they've played through history and their value in folkloric as well as modern medicine. *Leonard Adkins*

9-10:15 The International Appalachian Trail **GRIFFIN 7**

The status of the North American sections of the IAT, the emerging use of FarOut apps, finding the most up-to-date information on trail conditions, as well as encouraging developments with the Cabox Global Geopark in Newfoundland. Also, investments that the EU, UK, Northern Ireland and Republic of Ireland have made in IAT Ulster Ireland — from Slieve Liag on the Atlantic to Larne on the Irish Sea. *Don Hudson*

9-10:15 ALDHA's 25th Anniversary Video **GREYLOCK A**

Watch ALDHA's 25th anniversary video from 2006 in a new remastered version produced by Weathercarrot. The movie will be shown in this room both Saturday and Sunday.

9-10:15 Video: The Long Start to the Journey **GREYLOCK C**

☒ Enjoy Chris Gallaway's classic video of his 2013 thru-hike of

SCHEDULE OF EVENTS

the A.T. "Frost" shared his film as the feature presentation at 2014's Gathering in Williamstown. (1 hour, 10 minutes long)

10:30-12 Women in Wilderness **GRIFFIN 2**

☒ Let's talk about our experiences in the wild. If you are new to backpacking and want to learn how others have dealt with the unique needs of our female bodies, talk about personal safety, etc., please attend this women's-only panel discussion. What happens in the workshop, stays in the workshop. *Vera Hurst*

10:30-12 Roots, Rocks & Rattlesnakes **GRIFFIN 4**

☒ The story of a 2020 A.T. thru-hike, told from the perspective of a geologist. Besides daily challenges, adventures and amazing people, there'll be some fascinating geological stories of the rocks encountered during 150 days on the trail. *Craig Eckert*

10:30-12 The North Country Trail, Part 2 **GRIFFIN 5**

A detailed look at the North Country Trail, the longest National Scenic Trail, with this session focusing on the stretch from Ely, Minn., to Mackinac Bridge in Michigan. *Mary McKinley*

10:30-12 Pictorial History of A.T., MA-NH **GRIFFIN 6**

☒ The history of the trail from Massachusetts to New Hampshire, including New England's trail-building culture that predated and paved the way for the A.T. Learn about the volunteers who toiled hard to create it and those who continue to hike and protect it. Nearly 100 vintage photos — many never before published — provide an interesting and entertaining look at life in the mountains before and during the trail's creation, how it came into being, who its early champions were, and the many relocations the pathway has experienced. *Leonard Adkins*

10:30-12 Maritime Northeast: Maine-Greenland **GRIFFIN 7**

The 40 years Will Richard spent exploring the Maritime Far Northeast became more a way of life than a long hike. Will's explorations sparked enduring relationships with Dick Anderson of the IAT; Bill Fitzhugh of the Smithsonian Arctic Studies Center in Newfoundland and Labrador and the Gulf of St. Lawrence; and Ann Andreasen and René Kristensen from Greenland's Uummanaq Children's Home, confronting social change and climate change. *Will Richard*

10:30-12 ALDHA's 25th Anniversary Video **GREYLOCK A**

Enjoy ALDHA's 25th anniversary video from 2006 in a new remastered version produced by Weathercarrot. Attendees can start the movie on their own. (56 minutes long)

10:30-12 Video: Long Start to the Journey **GREYLOCK C**

☒ Watch Chris Gallaway's classic video of his 2013 thru-hike of the A.T. "Frost" offered his film as the feature presentation at 2014's Gathering in Williamstown. (1 hour, 10 minutes long)

SATURDAY AFTERNOON

12-1:30 **LUNCH** (On your own; dining halls are off limits)

1:30-2:45 Open room **GRIFFIN 2**

Available for last-minute presentations. (40 chair-desks)

1:30-2:45 The ATC's Bear Canister Policy **GRIFFIN 3**

☒ Hawk Metheny, the new vice president of regional and trail operations for the Appalachian Trail Conservancy, will lead a discussion by ATC staff and volunteers on the new food storage policy (bear canisters) for A.T. hikers, and they'll give an update on other news from the ATC, including the latest numbers of thru-hikers and section-hikers. They welcome any questions on trail management issues. *Hawk Metheny, Cosmo Catalano, etc.*

1:30-2:45 Why Go Solo **GRIFFIN 4**

☒ What is to be gained and what is holding us back from going on trail solo? This workshop will be led by "Wonderland Trail," a backpacker, rock climber, trail runner and author of the book, "Alone in Wonderland." *Christine Reed*

1:30-2:45 Hiking Responsibly With Your Dog **GRIFFIN 5**

☒ Presented at the A.T. Flip Flop Fest, this workshop runs through the preparation, logistics, gear, training, nutrition, courtesy for other hikers and other tips and info, all following the principles of LNT. *Maria Wishart*

1:30-2:45 The A.T.'s Southern Terminus **GRIFFIN 6**

☒ Nimblewill Nomad will talk about his belief in keeping the southern terminus of the A.T. at Springer Mountain and not extending it into his home state of Alabama. *M.J. Eberhart*

1:30-2:45 An Oral History of ALDHA **GRIFFIN 7**

A free-ranging panel discussion of the history of ALDHA at this, our 40th anniversary Gathering, with stories about how our group came to be from the first Gathering in 1982 and other stories over the years. *Warren Doyle, Bill O'Brien, Larry Luxenberg, Al Sochard, Leonard and Laurie Adkins and others.*

1:30-2:45 ALDHA's 25th Anniversary Video **GREYLOCK A**

Watch ALDHA's 25th anniversary video from 2006 in a new remastered version produced by Weathercarrot. The movie will be shown in this room both Saturday and Sunday.

1:30-2:45 Open room **GREYLOCK C**

This room is for late presentations. Reserve at ALDHA Central.

3-5 Feasting in the Wild Country **GREYLOCK**

☒ This workshop will be outside of Greylock Hall, the building where the Hiker Fair is located inside. Chairs can be taken from one of the adjacent classrooms. A backcountry gourmet will show how to pack and cook meals on the trail featuring nutritious, lightweight, tasty and easy-to-prepare food. *Mary Holmes*

3-5 Open room **GRIFFIN 2**

Available for last-minute presentations. (40 chair-desks)

3-5 The Pros of going Maine to Alabama **GRIFFIN 3**

A presentation on why the A.T.'s southern terminus should be moved from Georgia to Alabama. Proponents say it has substantial benefits not just for Alabama but for the ATC, long-distance hikers and day-hikers/overnighters. *Jeff Hayes*

3-5 Trail Apps: Digital Trail Magic or Duds? **GRIFFIN 4**

Like it or not, the digital technology Pandora Box has now spilled out all along the A.T. We'll share what we've learned on

SATURDAY, OCT. 8, 2022						SATURDAY, OCT. 8, 2022						
ROOM TIME →	PARESKY 201	GREYLOCK A	GREYLOCK C	GREYLOCK 2ND FLOOR	GRIFFIN 1	 The 40th GATHERING of Long Distance Hikers, Dreamers and Friends of the A.T.	GRIFFIN 2	GRIFFIN 3	GRIFFIN 4	GRIFFIN 5	GRIFFIN 6	GRIFFIN 7
9 - 10:15 1 hour, 15 min	N/A	Movie: ALDHA's 25th anniversary video	Movie: "The Long Start to the Journey" video	ALDHA Central Hiker Fair Used Gear Sale ALDHA Store	Open conference room (24 chairs)		Hiking With or Without Dogs Poll results part of discussion. 	Increasing Your Chances of Success on A.T. The person who has hiked the A.T. more than any other gives his legendary class on how to achieve your thru-hiking goal. 	Tuscarora Trail The trail less traveled appeals to those who seek solitude. 	North Country Trail, Part 1 Workshop covers North Dakota to Vermont stretch of this trail. 	Wildflowers on the A.T. A floral parade of slides and stories. 	International Trail Updates The latest news of North America section of IAT and elsewhere.
10:30 - 12 1 hour, 30 min	N/A	Movie: ALDHA's 25th anniversary video	Movie: "The Long Start to the Journey" video	ALDHA Central Hiker Fair Used Gear Sale ALDHA Store	Open conference room (24 chairs)		Women in the Wild Women's-only conversation. 		Rocks & Roots & Rattlesnakes Stories from the ground up on AT. 	North Country Trail, Part 2 From Ely, Minn., to Mackinac Bridge, Mich. 	Pictorial History of A.T. in area Massachusetts to New Hampshire. 	From Maine to Greenland A 40-year picto- rial retrospective of the Maritime Far Northeast.
12-1:30	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH	LUNCH
1:30 - 2:45 1 hour, 15 min	N/A	Movie: ALDHA's 25th anniversary video	Movie: "The Long Start to the Journey" video	ALDHA Central Hiker Fair Used Gear Sale ALDHA Store	Open conference room (24 chairs)	REMINDER: Showers are available in Lasell Gym: Friday 6 a.m. - 9 p.m. Saturday 10 a.m. - 9 p.m. Sunday 1-9 p.m. Monday 6 a.m. - 9 p.m.	The A.T. Companion A workshop for field editors for ALDHA's trail guidebook. 	The Southern Terminus of A.T. Nimblewill insists it remain Springer 	Why Go Solo A hiker and author celebrates hiking solo. 	Hiking With Dogs A separate ses- sion on the topic. 	Bear Canisters & ATC Updates New food storage policy explained. 	ALDHA History A panel discusion with audience participation.
3 - 5 2 hours	N/A	Movie: ALDHA's 25th anniversary video	Movie: "The Long Start to the Journey" video	ALDHA Central Hiker Fair Used Gear Sale ALDHA Store	Open conference room (24 chairs)		Open Room See ALDHA Central to reserve this room.	Extending the A.T. to Alabama Opposing view on moving the trail's southern end farther south. 	Pros & Cons of Trail Apps Have they altered the zen of long- distance hiking?	The Next 40 Years of ALDHA How will ALDHA look on our 50th anniversary? Or on our 80th?	The PCT & CDT Panel discussion with hikers and dreamers. (This repeats Sunday.)	50-Year Love Affair with A.T. Warren Doyle tells his story.
SUNDAY, OCT. 9, 2022						SUNDAY, OCT. 9, 2022						
9a - 1:30p	9-11:30 A.M. - ANNUAL MEETING IN GRIFFIN 6					11:30 A.M. - GROUP PHOTO AT GRIFFIN		11:30 a.m. to 1:30 p.m. - LUNCH				
1:30 - 2:45 1 hour, 15 min	N/A	Movie: ALDHA's 25th anniversary video		ALDHA Central Hiker Fair ALDHA Store	Open conference room (24 chairs)	 This symbol designates a workshop that counts toward your Long Distance Hiking diploma. Worksheets are available at ALDHA Central in Greylock.	Nonfiction Writing Journaling, blog- ging or writing professionally.	How Thru-hik- ing Changed The past 50 years reviewed. 	Join a Trail Work Crew Learn how to give back to the trail after finishing a thru-hike.	Learn How to do a Podcast Tips from a pro on launching a successful show about the A.T.	The A.T. Museum Updates on the A.T. Hall of Fame, the hostel and new exhibits.	Letterboxing Learn the basics of following clues to a hidden cache without the need for GPS devices.
3 - 5 2 hours	ALDHA Board Meeting	Movie: ALDHA's 25th anniversary video	Feasting in the Wild Country This will be out- side Greylock. 	ALDHA Central Hiker Fair ALDHA Store (Ends at 4 p.m.)	Open conference room (24 chairs)		Open Room See ALDHA Central to reserve this room.	The PCT & CDT Panel discussion with hikers and dreamers. (Encore session)	Hostel Life An open Q&A on what goes into running a hostel near the A.T.	Open Room See ALDHA Central to reserve this room.	Hiking the Dingle Way Planning for a hike around the Dingle Peninsula in Ireland.	38,000 Miles of Trail Stories True stories from a life on the trail. 

SCHEDULE OF EVENTS

the likes and dislikes of various platforms and debate whether these technologies have changed the zen of a long-distance hike. And, where do we go from here? *Kris Wernstedt*

3-5 Into the Future: ALDHA's Next 40 Years **GRIFFIN 5**

We arrive at 2022 as a different organization than when we began. We can expect more evolution and change by the next big anniversary, too. Come to this interactive workshop and help shape the direction ALDHA will take. *Vera Hurst, Penny Vann*

3-5 PCT and CDT Workshop **GRIFFIN 6**

We are asking recent PCT and CDT thru-hikers to tell us about your journeys and field questions from future end-to-enders in the audience. This session will be repeated Sunday, again from 3-5. *Recent Thru-hikers Welcome*

3-5 My 50-Year Love Affair with the A.T. **GRIFFIN 7**

☑ First presented at the first Gathering 40 years ago, this classic slide show/lecture, inspired many long-distance hikers in the '70s and '80s. Warren Doyle — ALDHA founder, first coordinator (five years), coordinator of the first eight Gatherings, A.T. Hall of Famer — will either inspire, educate or agitate. *Warren Doyle*

3-5 ALDHA's 25th Anniversary Video **GREYLOCK A**

Watch ALDHA's 25th anniversary video from 2006 in a new remastered version produced by Weathercarrot. The movie will be shown in this room both Saturday and Sunday.

5-7 **DINNER** (On your own; dining halls are off limits tonight)

SATURDAY EVENING

7-8:30 FEATURE PRESENTATION **'62 CENTER**

Josh and Cassie Sutton thru-hiked the A.T. in 2021 and they made headlines by taking their 4-year-old son Harvey along with them. He turned 5 on the trail but was still technically too young to officially finish his thru-hike on Mount Katahdin because of a rule barring anyone under 6 from climbing. But in a rare move, Baxter State Park waived its rule, allowing Harvey "Little Man" Sutton to summit with his parents. Now with the help of filmmaker Joel Guelzo, they've made a documentary, "Beyond the Treeline," about their experience, including a poignant meeting on the trail between 2021's oldest thru-hiker and the youngest.

9-11 Barn social **BARN**

Gather back at the campsite for an informal social gathering at the barn. Some snacks will be available. BYOB.

9-1 a.m. Campfire **CAMP**

Kick back, relax and share some hilarious trail stories and songs.

1 a.m. Quiet Hours **CAMP**

From this point on, only snorers have the right of way on the air-waves, so screw in the earplugs and let's get some shuteye.

SUNDAY, Oct. 9, 2022

7-7:45 Sunrise Service **BARN**

An informal gathering featuring a rendition of "Amazing Grace" at the barn. Bring a testimonial to share, drawing on inspirational trail experiences. Sunrise is about 6:58 a.m. *Kip Redick*



Cassie and Josh Sutton gave a presentation about their 2021 thru-hike at the 2021 Gathering in Abingdon, Va.

9-11:30 ALDHA's Annual Meeting **GRIFFIN 6**

Please come prepared: Minutes and motions will be available at ALDHA Central. The results of the online election and vacancies will be unveiled. See the agenda on Page 11. *Dennis Newton*

11:30-12 Group Photo **GRIFFIN 11**

Please be on time and follow Dean's instructions. A high-res file will be posted at www.aldha.org for all to download, so please don't hold up the works by taking one of your own. *Dean Clark*

11-1:30 Lunch in dining hall for ticket-holders **DRISCOLL**

SUNDAY AFTERNOON

1:30-2:45 Nonfiction Writing for Hikers **GRIFFIN 2**

☑ Writing about your experiences on or off trail is a great way to recall the details of a trip, reflect on your perspective or express an opinion. Whether you're blogging, journaling or writing professionally, there are a few key things to master. The program will include writing exercises. *Ruth Nasrullah*

1:30-2:45 How Has Thru-hiking Changed? **GRIFFIN 3**

☑ How has thru-hiking changed over the past 50 years? The presenter's first thru-hike was in 1973. This weekend, two of our members celebrated the 50th and 51st anniversaries of their A.T. thru-hikes. A lot has changed since then. *Warren Doyle*

1:30-2:45 Join a Trail Crew After Your Hike **GRIFFIN 4**

Give back to the trail after your end-to-end hike of the Appalachian Trail by working with your local club or ALDHA to maintain the trail we all love. *Bob Huff*

1:30-2:45 How to Launch an A.T. Podcast **GRIFFIN 5**

The host of one of the most popular A.T. podcasts — "The Green Tunnel" — will discuss the ins and outs of podcasting about the

SCHEDULE OF EVENTS

A.T. This class covers the best way to conceptualize, plan, produce and sustain a successful podcast about the trail. *Mills Kelly*

1:30-2:45 The A.T. Museum GRIFFIN 6

Update on the museum's initiatives including its new interactive map of the A.T., historic trail tools, the A.T. Hall of Fame, Hikeation and other exhibits, developments at Ironmasters Mansion and the research library, and plans for an oral history project. *Larry Luxenberg, Julie Queen and Robert Croyle*

1:30-2:45 Letterboxing GRIFFIN 7

Learn the basics of letterboxing in which you follow a set of clues on a trail to find a box that has a unique stamp, an impression of which you can save in a personal notebook and leave an impression of your own personalized stamp in the box's register. Similar to geocaching but without the need for a GPS unit. *Bill O'Brien*

1:30-2:45 ALDHA's 25th Anniversary Video GREYLOCK A

Watch ALDHA's 25th anniversary video from 2006 in a new remastered version produced by Weathercarrot. The movie will be shown in this room both Saturday and Sunday.

1:30-2:45 Open room GREYLOCK C

Last-minute presentations can go here. See ALDHA Central to reserve the space.

3-5 ALDHA Board Meeting PARESKY 201

Members of the ALDHA board, including those recently elected, are required to attend this meeting, which is open to all. (Note: If it's not Room 201, it'll be one that's nearby.) *Dennis Newton*

3-5 PCT and CDT Panel Discussion GRIFFIN 3

We are asking recent PCT and CDT thru-hikers to tell us of your journeys and field questions from future end-to-enders. This workshop is repeated from Saturday. *Recent Thru-hikers Needed*

3-5 Hostel Life — Behind the Scenes GRIFFIN 4

An open Q&A for all members of the trail community to learn about what goes into running a hostel and additional insight into providing assistance for the changing needs of the hiking community as a whole. *Tony Adionolfi*

3-5 Open room GRIFFIN 5

This room is open for last-minute presentations. See ALDHA Central to reserve the space.

3-5 Hiking the Dingle Way in Ireland GRIFFIN 6

The Dingle Way is one of more than 30 Irish long-distance trails. Situated in Ireland's southwest, the walk circles the Dingle Peninsula, starting and finishing in Tralee, the capital of Kerry. The trail is 111 miles and takes 8-10 days to walk. This class covers planning, optional additional days to see sights, what to expect, and weather conditions based on a 2022 hike. *Nancy Lake*

3-5 38,000 Miles of Trail Stories GRIFFIN 7

☑ A storytelling session of true stories experienced by a traveler on the way to becoming. Includes a conversation with Walt Whitman; deer-like loping through a platoon of heavily armed soldiers; being serendaded by an opera singer in the Smokies; and overeating while reading about an alleged triangle linking Eliza-

beth Taylor, Michael Jackson and a chimpanzee. *Warren Doyle*

3-5 ALDHA's 25th Anniversary Video GREYLOCK A

Watch ALDHA's 25th anniversary video from 2006 in a new remastered version produced by Weathercarrot. The movie will be shown in this room both Saturday and Sunday.

3-5 Open room GREYLOCK C

Last-minute presentations can go here. See ALDHA Central to reserve the space.

5-7 DINNER (On your own: Campus dining halls are off limits)

SUNDAY EVENING

7-8:30 American Discovery Symphony BERNHARD

Kirk Sinclair and his wife Cindy thru-hiked the American Discovery Trail 10 years ago. When they got home, Cindy's cognitive abilities started to decline, so Kirk set about writing a symphony based on their coast-to-coast thru-hike to relieve stress. The result is a piece of music that he'll share with us to close out this 40th anniversary Gathering.

Note: This program will take place in Bernhard Music Center (see map on Page 12).

8:30 Closing of the 40th Gathering BERNHARD

MONDAY, Oct. 10, 2022

8 a.m. Work Trips MEET AT BARN

There will be two work trips. One is boundary monitoring along the A.T. corridor, and the other is general cleanup work at Upper Goose Pond Cabin. Both are sponsored by the Massachusetts A.T. Committee. Sign up all weekend at ALDHA Central, where you can get a copy of written details and directions for both trips.

At the cabin, ALDHA volunteers will tackle some lingering projects including clearing waterbars and clipping brush on the caretaker's access trail, which we will use to get to the cabin; dismantling and capping an aging pit privy (no one will need to touch any poop); and building a small stone platform to support the landward end of the canoe dock.

On the boundary work trip, volunteers will maintain the boundary of a somewhat remote (for Massachusetts) NPS tract south of Blotz Road in Hinsdale, Mass. The work will consist of clipping and brushing out the boundary line, repainting the boundary blazes on trees and finding and identifying boundary monuments and associated witness trees. Participants should meet at 9:30 a.m. at the A.T. parking area on Blotz Road, also known as Kirchner Road. There's a 1-mile hike on moderate terrain to the boundary, and about 4 miles of boundary to maintain.

If you'd like to take part in either work trip, meet at the barn at the Gathering tentsite between 8 and 8:15 a.m. for a continental breakfast and to pick up a free trail lunch. Carpooling is recommended for the boundary work trip, but not for the cabin, which is farther away. Departure for both work trips will be around 9 a.m.

Wear sturdy shoes and dress for the weather. Bring work gloves, your trail lunch, snacks and water.

Continued from Page 3

■ PETS

Dogs are permitted on campus, but **not** in buildings, except for service dogs. They cannot be tied up outside buildings without an owner present. Keep them on a leash at all times, and always clean up after them, at the college and campsite. Note that “comfort pets” are not considered service animals.

There is a large field on campus called “Poker Flats” where dogs can be walked. It is about a five-minute walk north of Paresky Center: Follow Chapin Hall Drive, Mission Park Drive and Stetson Avenue to the athletic fields.

■ GROUP PHOTO

Please be on time. It'll be taken on Sunday around 11:30 a.m. at Griffin Hall, right after the business meeting. Please follow the directions of our champion photographer, “Crooked Sticks.” A high-rez version of his photo will be posted on the ALDHA website after the Gathering, so please do not hold things up by trying to take a photo on your own camera.

■ HIKES ON SUNDAY AND MONDAY

There will be a self-guided hike on the A.T. to Mount Prospect in the Greylock Range on Sunday. Meet at 9 a.m. at ALDHA Central in Greylock Hall. The options are either a strenuous 3-mile round trip or an easier 1-mile round trip, depending on the number of hikers and vehicles. Mount Prospect offers an excellent view of Williamstown, and you'll be able to see the campsite from the vista. Directions and other details will be at ALDHA Central.

And Monday, Columbus Day, is the Mount Greylock Ramble, a citizens' ascent of the commonwealth's highest peak. In the neighboring city of Adams, park in the Depot Street lot and catch a shuttle at the library up til 1 p.m. Buses will return folks to the library all day.

■ SHARE YOUR PHOTOS WITH US

Stop by ALDHA Central to download your photos of the Gathering. We'll find uses for them in the winter newsletter, as well as the website, the Blaze and future publications. You'll get credit and our eternal thanks for adding to our archives.

■ CRITIQUES

A questionnaire asking you to rate how we did this year is in your registration packet. Help future Gathering coordinators simply by filling it out. There's a box at ALDHA Central to collect them. Critiques from 2019, not just 2021, were consulted in planning for this year.

■ RESTAURANTS AND OTHER TOWN AMENITIES

RESTAURANTS

The A-Frame Bakery, 1194 Cold Spring Road, Williamstown, 413-458-3600
 The Spring Street Market and Cafe, 66 Spring St., Williamstown, 413-458-6192
 Purple Pub, 65 Spring St., Williamstown, 413-458-0095
 Blue Mango, 27 Spring St., Williamstown, 413-458-0004
 Spice Root, 23 Spring St., Williamstown, 413-458-5200
 Tony's Sombrero, 69 Spring St., Williamstown, 413-344-5121
 Papa Charlie's Deli, 28 Spring St., Williamstown, 413-458-5969
 The Log by Ramunto's, 78 Spring St., Williamstown, 413-884-6073
 Pero Bistro, 60 Spring St., Williamstown, 413-458-8676
 The Barn Kitchen & Bar, 103 Spring St., Williamstown, 978-784-7602
 Water Street Grill, 123 Water St., Williamstown, 413-458-2175
 Hot Tomatoes Pizza, 100 Water St., Williamstown, 413-458-2722
 Gramercy Bistro, 16 Water St., Williamstown, 413-458-6222
 Olympic Pizza, 460 Main St., Williamstown, 413-458-0055
 Chop Sticks, 412 Main St., Williamstown, 413-458-5750
 Desperados, 246 Main St., Williamstown, 413-458-2100
 Moonlight Diner, 408 Main St., Williamstown, 413-458-3305
 Dunkin' Donuts, 361 Main St., Williamstown, 413-458-1877
 Subway, 384 Main St., Williamstown, 413-458-7014
 Oriental Buffet, 245 State Road, North Adams, 413-663-2888
 Trail House Kitchen, 896 State Road, North Adams, 413-412-1090
 Renee's Diner, 780 Massachusetts Ave., North Adams, 413-664-2070
 Dunkin' Donuts, 5 Union St., North Adams, 413-662-2274

GROCERIES

Wild Oats Market, 320 Main St., Williamstown, 413-458-8060
 Super Stop & Shop with ATM, pharmacy, Western Union and bank, 876 State Road (Route 2), 413-664-8100; 7 a.m.-10 p.m.; Sunday til 9 p.m.
 Cumberland Farms, 446 Main St., Williamstown

OTHER SERVICES

Bonanza Peter Pan bus line, 800-343-9999
 American Cab & Livery, 413-662-2000
 Thrifty Bundle Coin laundry, 255 State Road, North Adams
 Williamstown Wash & Wi-Fi, Willow Lane, Williamstown

MUSEUMS

The Clark Art Institute on South Street underwent a multi-year, \$100 million expansion and renovation that concluded several years ago, so check it out. Admission is \$20 and it is open 10-5 daily except Mondays.
 And opposite Griffin Hall on the other side of Route 2 is the Williams College Museum of Art. Admission is free; open daily 10-5 except Wednesdays.

EMERGENCY SERVICES

Berkshire Medical Center North Adams Satellite Emergency Facility, 71 Hospital Ave., North Adams, 413-664-5000 (open 24/7/365)
 Southwestern Vermont Health Care Urgent Care facility, 856 State Road, North Adams, (next to Stop & Shop), 413-727-8088, 8-8 daily, veterinarian also available.
 Williamstown Police Department, 31 North St., Williamstown, 413-458-5733 (dial 911 for emergencies only)
 Williams College campus security, 413-597-4444

ANNUAL MEETING OF ALDHA

Sunday, Oct. 9, 2022, from 9 to 11:30 a.m. in Room 6 of Griffin Hall at Williams College in Williamstown, Mass.

Call to order	Dennis Newton
Adoption of Agenda	Dennis Newton
Reading of Statement of Purpose	Bill O'Brien
Approval of Minutes	Dennis Newton
Welcome and Introduction	Dennis Newton
Election Results Announced	See notes at right
Coordinator's Report	Dennis Newton
Membership Report	Robert Sylvester
Treasurer's Report	Jill Byrd
Newsletter Report	Bill O'Brien
Museum Report	Larry Luxenberg
Announcements	Dennis Newton
Gathering Coordinators' Reports	Bill, Jim, Vera, Eric
Gathering 2023 Update	Vera Hurst
Call for Critiques	Dennis Newton
Work Trips	Jim Niedbalski
Resolutions/Motions	Dennis Newton
Other Business	Dennis Newton
Honorary Life Membership	Bill O'Brien/Dennis Newton
Closing Remarks	Dennis Newton
Motion to Adjourn	Dennis Newton

PARLIAMENTARY PROCEDURE

1. To speak, please raise your hand and wait to be recognized; keep your remarks brief and on topic to help move things along.
2. Motions require a second before discussion may occur. Without a second, the motion dies.
3. Calling the question: The purpose of this motion is to end discussion. It is treated as a motion, so raise your hand if you wish to call the question. It does not require a second, is not debatable, and requires a **two-thirds** vote to pass.
4. A point of order is only for asking a question about procedure, not to prolong debate. Any other purpose is out of order.

■ BROUGHT TO YOU BY . . .

Dennis Newton is the ALDHA coordinator. Bill O'Brien served as Gathering program coordinator and received a tremendous amount of help from facilities coordinator Jim Niedbalski. Additional thanks to Hiker Fair coordinator Vera Hurst and the rest of the members of the ALDHA board.

■ **SPECIAL THANKS** to Scott Lewis, director of the Williams Outing Club, and all of his student members for being such gracious hosts; to Cosmo

Catalano for his help with our Monday work trips; and to Eric White for once again giving us free use of his land for our tentsite and loaning us his magnificent view of the Greylock Reservation.

■ **AND A BIG THANK YOU** to all the workshop presenters and our featured speakers, Josh and Cassie Sutton and Kirk Sinclair, and to all of our volunteers, especially ALDHA founder Warren Doyle for his help in marking this, our 40th Gathering. He started it all back in 1982.

OFFICES THAT WERE UP FOR ELECTION THIS YEAR

Membership Secretary (2-year term)

The membership secretary shall keep the membership list; record applications for membership; keep up to date address and telephone numbers of the members in a directory; and shall distribute the directory to the members.

Treasurer (2-year term)

The treasurer shall have charge and custody of and be responsible for all funds and other financial instruments and financial records of the corporation, receive and give receipts for disbursements, and deposit all monies in the name of the corporation in such banks and other financial institutions as shall be selected in accordance with the bylaws. The treasurer shall perform all duties incident to the office of treasurer and such other duties as from time to time may be assigned to him or her by the coordinator or the board of directors.

Member-at-Large (4 positions open; 2-year term)

A member-at-large attends all meetings during the Gathering* and the rest of the year; volunteers for various tasks to help the coordinator; and helps with decisions necessary for the organization to continue. Additional duties will be assigned by the coordinator to help with the 2023 Gathering, including the Hiker Fair, Photo Contest, etc.

MOTIONS

Resolutions and other motions are expected during the meeting, including formal thanks to Williams Outing Club for sponsoring this year's Gathering and helping to keep our costs low.

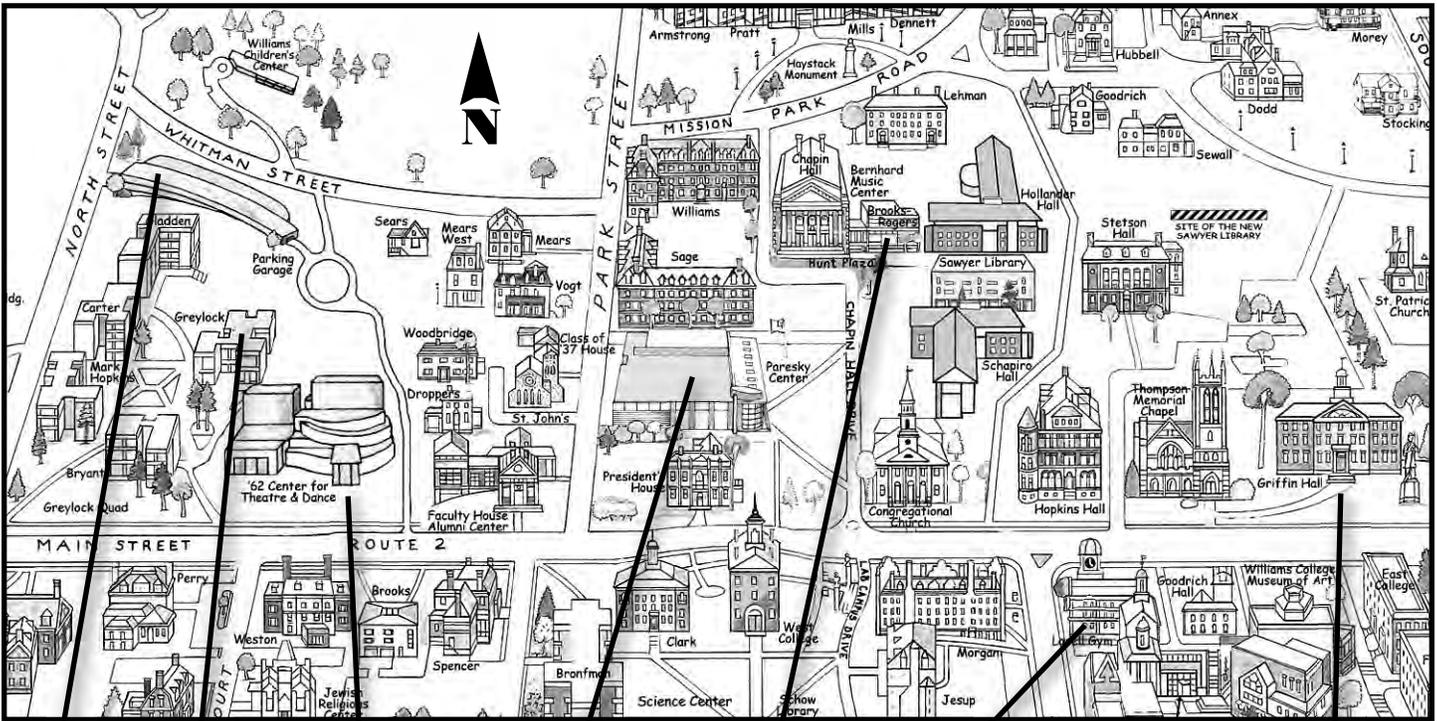
Note: If you would like to make a motion during the business meeting, submit it in writing to Coordinator Dennis Newton no later than Saturday evening so we can have it ready for overhead projection during the meeting.

*NOTES & REMINDERS

■ The Sunday afternoon ALDHA board meeting will be from 3-5 p.m. in Room 201 of the Paresky Center. All members of the board, including newly elected members, are required to attend. Coordinators of various programs should also attend. The meeting is open to all members of ALDHA.



Bill O'Brien and Warren Doyle at the '09 Gathering in Gettysburg.



Parking Garage

Greylock
ALDHA Central, Hiker Fair, Store, Used Gear Swap

'62 Center
Friday and Saturday night presentations

Paresky Center
The dining hall here is off limits to ALDHA this year because of staff shortages.

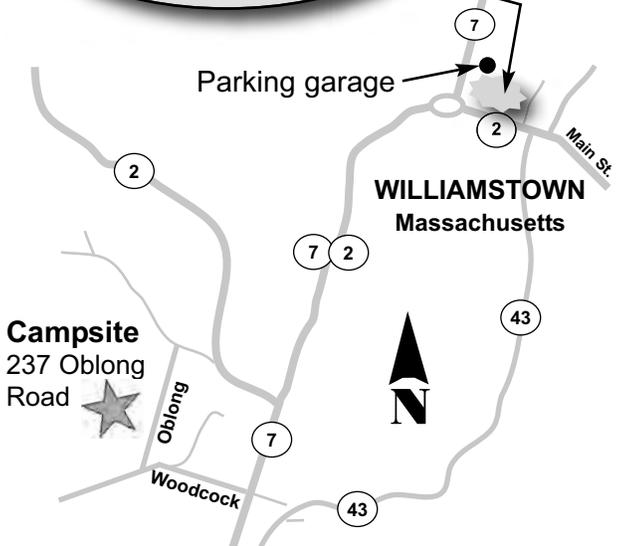
Bernhard Music Center
Sunday night program

Lasell Gym
Showers (hours: Page 2)

Driscoll Dining Hall
See separate map below

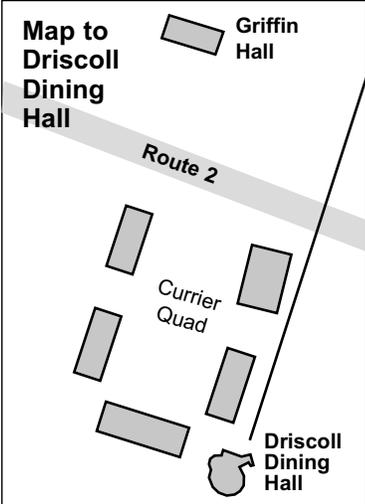
Griffin Hall
Workshops, annual meeting Sunday and group photo

Most ALDHA activities:
The campus buildings we'll use (see details above) are in this area of the map.



HOW TO GO FROM CAMPSITE TO PARKING GARAGE

From the tentsite, turn right onto Oblong. At Woodcock Road, turn left. At Route 7, turn left and head north to the rotary. Go around, staying on Route 7 North. (Do not take Route 2 East.) Turn right in 0.1 mile onto Whitman Street, then take first right onto Adams Memorial Theater Drive to the parking garage. Warning: Clearance is 6 feet 8 inches. Note: The distance from tentsite to garage is ~3.5 miles.



SPRING STREET SHOPS

The commercial hub of Williamstown lies along Spring Street and its neighboring area, with several restaurants, a coffee shop, etc. A comprehensive list of area amenities is on Page 10. Weekends are typically busy during fall foliage season, but the good news for 2022 is that the Ephs — the Williams College football team — is on the road this weekend, so the commercial hub should be less crazy.

SPRING MEETING 2023

The spring board meeting is open to all members and will take place at a time and place TBD.

41st ANNUAL GATHERING

The date and location of next year's Gathering is Oct. 6-9 at the Southwest Virginia Higher Education Center in Abingdon, Va., the site of last year's Gathering. Program coordinator Vera Hurst is already making plans so volunteer at vjh2938@gmail.com.

ADOPT A HIKER IN 2023

When you get home, try to find out who in your area is planning to thru-hike or section-hike the A.T. next year and offer your support in any way you can. That hiker may have a better chance of finishing with your help.

PEACE, LOVE & ADIOS

Until next year, a heartfelt thanks to all for sharing your journeys and dreams. Have a safe trip home, and keep the ALDHA spirit and magic alive until we meet again.